



**SAN ACADEMY,
PALLIKARANAI**

MONTHLY NEWSLETTER - FEB'23

ISSUE 14

VOLUME '3

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Intra competition

Special Assembly

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Awards, Achievements and accolades

PERSONALITY DEVELOPMENT

1.2.2023

Resource person – Ms. Aishwarya Ravichandran

Participants – Students of Grade 8 – A to D

Topic – Social Etiquettes and Pleasing Mannerisms

The session commenced with the speaker asking questions to the students as an icebreaker. The students were given different situations and were asked to present their reactions or responses to the same. The speaker conducted the session in an interactive manner, which kept the students involved. Role-plays and situations with solutions were the various activities conducted. The speaker also provided insight into real-life scenarios that the students could relate to. Overall, it was an interesting and informative session



ENGLISH EVERYWHERE

1.2.2023

To make the learning process engaging and successful, a workshop was conducted on Wednesday, February 1st, 2023, for Class 3 and 4 in a conference room at San Academy's Pallikaranai branch. To achieve this goal, Mrs. Nirmala, an ELT teacher educator resource person from the British Council, was invited to the workshop.

During the workshop, students were taught the golden rules for reading passages and the important three Cs. With the help of a PowerPoint presentation, the resource person explained the reading process and asked related questions to a few students. All the students showed great interest and answered in an expressive manner.

Many students participated in an enthusiastic manner and showcased their reading skills. To conclude the workshop, a worksheet was given to the students to revise the reading process.



English has become the language of official communication, books, and computer interfaces, making it essential for socializing, exchanging information, and studying. As a result, it is crucial to learn English, and to support this, a workshop on the topic 'An Overview of the Science of Reading' was conducted for students of Class I and II.

The workshop was conducted by Ms. Sumithra and began with her enacting stories with voice modulation, followed by an activity to find jumbled letters. The students enthusiastically identified the words and learned about the importance of reading skills. They also learned how to comprehend jumbled sentences.

The students eagerly participated in the session, and the entire workshop was interactive and engaging. They learned with joy and had fun while learning.



SPECIAL ASSEMBLY - KG

1.2.2023

On 1st February 2023, a special assembly was held for KG students. The morning assembly is an essential part of the school's schedule, and it is crucial to understand that it is not just about standing in long queues and singing prayers; it goes beyond that. All the activities carried out in the morning assembly by the school staff and students have a great influence on every aspect of life, and the positive effects can be felt throughout one's life.

The assembly was conducted by Sr KG B teachers and students. It began with the school prayer, followed by the recitation of Thirukural by Rishivanthan R, and the beautiful and melodious Bharathiyar poem, Odivillayadipappa, was sung by Saradha S.

The students then played the tongue twister game conducted by Prajith S, where they attempted to say the tongue twisters as quickly as possible, resulting in lots of laughter and fun. The teacher explained the benefits of tongue twisters as they aid in differentiating sounds and strengthening the tongue muscles. Finally, the Indian pledge was recited by the teacher, followed by the students.



WORLD WETLANDS DAY

2.2.2023

On 2nd February 2023, a special assembly was held to commemorate World Wetland Day, conducted by V E students. School assemblies play a crucial role in a student's life as they get to learn about various essential social values through these events.

It was a pleasure to see the students perform confidently and joyfully on stage. The assembly began with a prayer song, and the students clearly demonstrated the importance of wetlands, interesting facts about wetlands, threats to wetlands, and why Wetland Day is celebrated.

The assembly ended with prize distribution, followed by the National Anthem, leaving a lasting impression on the students about the significance of preserving wetlands.



WORLD CANCER DAY

05.02.2023

World Cancer Day is observed every year on February 4 to raise awareness about cancer and its prevention. On 5th February 2023, the students of class X B presented an assembly on the theme of World Cancer Day.

As future leaders of the nation, it is essential for students to be educated about cancer. Keeping this in mind, speeches, role plays, and thoughts related to the theme were presented. The main objective of observing the day was to enlighten students about the disease, its causes, and potential cures.

By raising awareness about cancer, the students were encouraged to take proactive measures to prevent the disease and promote a healthy lifestyle. The assembly was informative and inspiring, emphasizing the significance of spreading awareness and fighting against cancer.



WORLD ROSE DAY

7.2.2023

The assembly was hosted by Class 1B, beginning with the "Tamil Thai Vazhthu" song. The students of Grade I section 'B' presented speeches on 'Brotherhood and Love' and the 'Importance of Family Love in a Child's Life.' It was a thought-provoking session, highlighting the significance of love and relationships in our lives.

As a special addition to the assembly, our beloved HM mam shared tips on how to show care and affection to our parents. Her words of wisdom added value to the session and left a lasting impact on the students.

To celebrate World Rose Day, a day dedicated to spreading love and humanity, the students of Class 1B gave roses to all the teachers, Principal, and coordinators. It was a heartwarming gesture that reflected the spirit of the day and spread joy and positivity throughout the school.



SAFER INTERNET DAY

7.2.2023

On February 7, 2023, students from classes 6 to 8 conducted a special assembly on Safer Internet Day. The assembly began with the Tamil Thai Vazhthu, followed by a thought for the day, news, an introduction speech, and a debate on the advantages and disadvantages of the internet. Additionally, facts were shared, birthday wishes were given, and prizes were distributed. The assembly concluded with a thought-provoking speech by our honorable principal.





KG ASSEMBLY - FACTS AND STORIES

8.2.2023

The morning assembly is an integral part of the school routine, aimed at instilling discipline, knowledge, and creativity in students. The KG students had their morning assembly on 8th February 2023, which began with a soulful invocation and the recitation of the pledge. The teachers briefed the kids about the assembly's purpose and the importance of following rules during the assembly.

The highlight of the assembly was the presentation by a group of students who spoke confidently and enthusiastically about their assigned topic - facts, stories, and information related to the theme. They even showcased simple science experiments that amazed the audience. The teachers appreciated the efforts and creativity of the students.

The assembly concluded with the rendition of our National Anthem, leaving the children with a sense of pride and patriotism. Overall, it was an engaging and informative assembly that added value to the students' learning experience.



DEWORMING DAY

10.2.2023

February 10 is observed as **WORLD DEWORMING DAY** to create awareness about the importance of deworming all preschool and school age children between the ages of 1-19 years. Led by the Ministry of Health, India.



KG ASSEMBLY - QUIZ

15.2.2023 & 22.2.2023

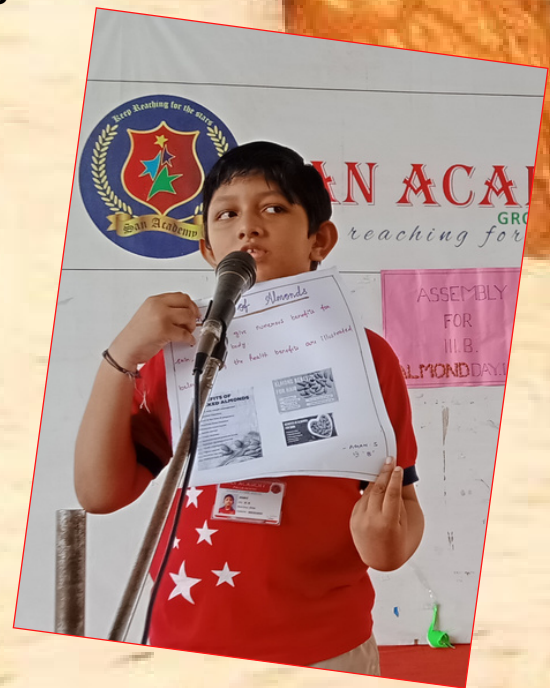
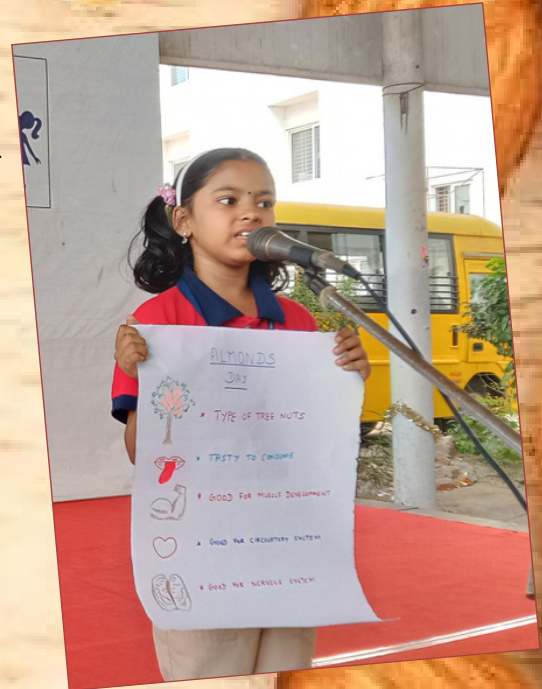




ALMONDS DAY

16.2.2023

On 16.2.2023, Class 3B conducted an assembly on the topic of Almond Day. Students prepared charts and speeches on the benefits of almonds, their nutritional value, different types of almonds, and even sang songs related to the topic. The assembly began with a prayer, followed by the thought of the day and the day's news. The participants then delivered their speeches. After that, the students who had their birthdays were wished, and the HM gave out handwriting certificates to the students who won first, second, and third prizes in the English and Tamil handwriting competitions conducted by Thulasi Pharmacy on Republic Day. Finally, the assembly concluded with the national anthem.



HUMAN SPIRIT DAY

17.2.2023

Living a positive life focused on our goals and purpose changes the way we think and live. Nurturing the human spirit is key to good health. With this in mind, class 10A (2023-24) organized the morning assembly on 17th February, centered around Human Spirit Day.

The assembly began by paying tribute to the Tamil motherland with the Tamil Thai Vazhthu, followed by the administration of the pledge to instill a sense of patriotism. The thought for the day and the news segment kept the students abreast of the latest happenings.

The students then gave a talk on the power of human spirit and the psychological benefits of meditation, which enlightened the students about the significance of nurturing their human spirit. The assembly was attended by the class 10 students of the previous academic year as well.

The Principal addressed the board-attending students with a motivational speech, encouraging them to face the upcoming board examinations with confidence. The assembly concluded with the National Anthem.



SOCIAL JUSTICE DAY

20.2.2023



San Academy, Pallikaranai observed World Day on Social Justice with a special assembly conducted by Class 6C on 20th February 2023. The assembly commenced with the Tamil Thai Vazhthu and continued with a thought for the day, news update, and a speech on the World Summit for Social Development. Students also gave a short talk on human trafficking and slavery to raise awareness among their peers. To further enhance their knowledge on the topic, a quiz was conducted. The assembly also included birthday wishes and prize distribution. The principal delivered a thought-provoking speech on the importance of promoting social justice. The assembly concluded with the national anthem.



INTERNATIONAL MOTHER LANGUAGE DAY

21.2.2023

Class 1D hosted today's assembly, which started with the recitation of "Tamil Thai Vazhthu". The students delivered a speech on the importance of celebrating and respecting mother language, and also presented a list of languages mentioned in the Indian Constitution. The assembly was made interactive by inviting students with different mother tongues to speak in their respective languages. Principal ma'am distributed prizes to the winners of the International English Olympiad (IEO), a language and grammar competition conducted by Science Olympiad Foundation (SOF) in collaboration with British Council. Students of grades I&II who appeared in the first level of examination were selected to participate in the international open challenge, and Sanites amassed 18 Gold Medals of Distinction (Zonal) and 37 Gold Medals of Excellence (classwise). The assembly concluded with the singing of the national anthem. We are proud of our Sanites and wish them success in their future endeavors.





WORLD UNDERSTANDING & PEACE DAY

23.2.2023

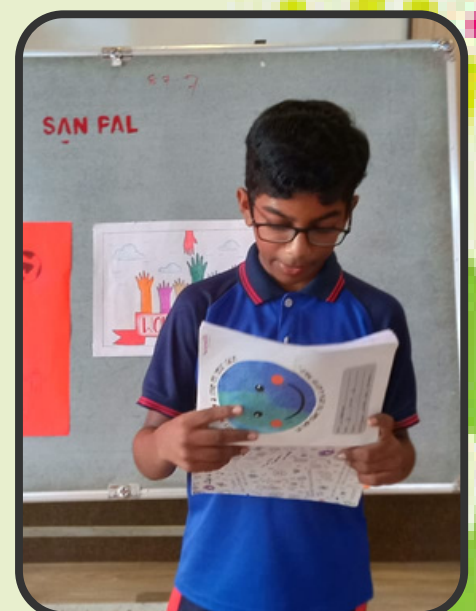
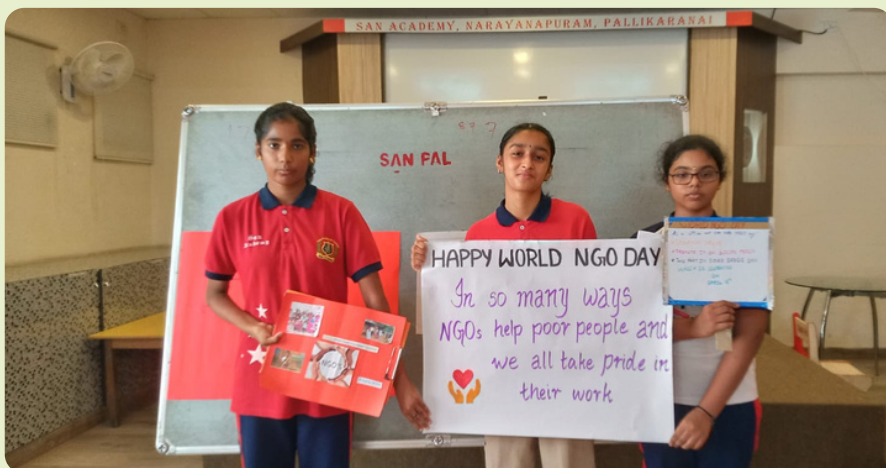
On 23 February, celebrated as World Understanding and Peace Day, a special assembly was led by students of Class 5A to reinforce the ideals of understanding and peace. The assembly started with prayers, followed by discourses on the history behind the Day of Peace, inspiring poems, and an enthusiastic song performed by the children. The assembly concluded with a pledge to express our love and respect for people, followed by birthday wishes, certificate distribution, and the National anthem.



WORLD NGO DAY

27.2.2023

Every year on February 27th, World NGO Day is celebrated to raise awareness about the services and benefits provided by non-governmental organizations (NGOs) to humanity. The theme for World NGO Day 2023 is centered around the role of NGOs in promoting human rights and achieving sustainable development goals. To mark this special occasion, the students of Grade VIII D at San Academy, Pallikaranai, organized a special program. The assembly began with Tamil Thai Vazhthu followed by a speech on the topic "Significance and Objectives of NGOs". The students gave a fascinating presentation on the various types and examples of NGOs using placards and charts. They also actively participated in a quiz to test their knowledge about the basic facts of NGOs. The program concluded with the National Anthem.



NATIONAL SCIENCE DAY

28.2.2023

On February 28th, students of class II A presented an assembly on the topic of National Science Day. This day is celebrated in India to commemorate the discovery of the Raman effect by Indian physicist Sir C. V. Raman. The assembly commenced with the "Thamizh Thai Vazhthu" and was followed by speeches delivered by students on the topic of physical and biological sciences. The students also explained the different branches of science. In addition, our Head Mistress honored Krishiv V of Class I D for winning the gold medal in drawing, conducted by 'Global Art.' The assembly concluded with the National Anthem.



CLUB ACTIVITY - MAGIC MILK

6.2.2023

On 6th February 2023, students of Class I & II participated in a Club Activity on the topic of Magic Milk experiment and Volume experiment. The activity began with an air of fun and curiosity. Students used measuring cups, milk, dish wash, water, tumblers, and colors to perform the activity. The teacher explained the experiment in detail and the students were able to learn and understand it. They performed the experiment with enthusiasm and enjoyed seeing the outcomes of their experiment.



CLUB ACTIVITY - CRANK WINCH

7.2.2023

On 7th February 2023, the club activity for grades 3 to 5 was conducted on the topic of crank winch, which sparked the curiosity of our ever inquisitive Sanites.

The students learned to build a prototype of a crank winch through a working model, which is a mechanical device used for hauling or lifting. They were able to understand the principles behind how the crank winch and torque worked.

The hands-on activity proved to be an effective tool for practical learning and our Sanites gained valuable experience from it. Overall, they had an enriching and enjoyable time while learning.



CLUB ACTIVITY - DNA EXTRACTION

8.2.2023

On 8th February 2023, the club activity for students was focused on the topic of DNA extraction. The teachers demonstrated the process of DNA extraction in front of the students to help them understand its importance. They explained how the ability to extract DNA is crucial in studying the genetic causes of diseases and developing diagnostics and drugs. DNA is also extracted for forensic science, sequencing genomes, detecting bacteria and viruses in the environment, and determining paternity. The teachers emphasized that DNA contains the instructions needed for an organism to develop, survive, and reproduce. The students were engaged and curious to learn about this fascinating process.



CLUB ACTIVITY - INVISIBLE INK

8.2.2023

children participated in the invisible ink activity with great enthusiasm on 8th February 2023. They drew pictures using invisible ink, which were not visible to the naked eye. They were excited to see their drawings magically appear when they shone a torch light on them. It was a fun and engaging activity that the kids thoroughly enjoyed.



INTRA COMPETITION

3.2.2023

On 3rd February 2023, the San Academy kindergarten wing in Pallikaranai organized an intra competition to promote healthy competition among students. The Sr. KG students participated in a spelling competition called "Word Wizz", which aimed to improve their spelling skills and vocabulary. Through this activity, the children learned to spell and connect letters with their sounds, which further improved their reading and writing skills.

The Jr. KG students exhibited their storytelling skills through various forms, using props such as hand puppets, headgear, and charts to narrate stories like "The Three Little Fishes", "The Monkey and the Cap Seller", and "The Enormous Turnip". The students showcased their creativity and sequencing abilities in their presentations.

The Nursery students explored their imagination and motor skills by creating clay models of different fruits and vegetables. This activity not only enhanced their creativity but also improved their problem-solving skills.

These intra-competitions proved to be a great way for the students to develop their skills, learn new techniques, and practice good sportsmanship.



WORKSHOP

6.2.2023

On Monday, 6th February 2023, a workshop was conducted for grade 5 students in the conference hall at San Academy, Pallikaranai. The workshop aimed to make learning engaging and successful for students, and a resource person, Mrs. Ganga, was invited to conduct the session. Mrs. Ganga has over 30 years of experience as a teacher and counselor and is a certified trainer by the University of Cambridge.

During the workshop, Mrs. Ganga taught students easy techniques and tricks to read comprehension passages adeptly. She explained the reading process using a PPT presentation and asked related questions to encourage student participation. Many students eagerly participated and clarified their doubts.

Mrs. Ganga gave a captivating session where students learnt to overcome procrastination and develop interest in reading. She also discussed strategies and techniques for reading comprehension and shared reading tips. In the end, a practice comprehension passage was shown to the students, and they discussed it together.

Overall, the workshop was a great success, and students gained valuable knowledge and skills to improve their reading abilities.



ENGLISH EVERYWHERE

24.2.2023

English is the language of official communication, books, and computer interfaces, making it essential for socializing, exchanging information, and studying. To emphasize the importance of English, a workshop on the topic 'An overview of the science of reading' was conducted for students of classes I and II at San Academy, Pallikaranai.

The workshop was facilitated by Ms. Sumithra, who began by enacting stories with voice modulation, followed by an activity where students had to identify words from jumbled letters. The students enthusiastically participated and learnt the significance of reading skills. They also learnt to comprehend jumbled sentences, which was another highlight of the workshop. The entire session was interactive and engaging, and the students thoroughly enjoyed learning with joy and fun.



FIELD TRIP - NURSERY

6.2.2023

Field trips are indeed a great way to enhance learning experiences for students, and it's great to see that the nursery students of San Academy had a field trip to a supermarket as a part of their extended learning on "Food we eat". It's important for children to be aware of different types of foods and where they come from, as this can help them make healthier choices in the future.

The trip seems to have been a very informative and fun experience for the students, as they were shown different sections of the supermarket and were taught about how things are bought, billed, and paid for.

This can help students develop a sense of responsibility and also help them understand how the process of shopping works in the real world.

Additionally, the fact that some students shared their shopping experiences with their parents shows that the trip not only helped them learn about different commodities but also encouraged them to share their knowledge and experiences with others. This is a great way to promote social interaction and communication skills among children.

Overall, it's great to see that San Academy is taking steps to provide its students with practical learning experiences that go beyond the classroom. Such experiences can help students understand the world around them better and make more informed choices in the future.



FIELD TRIP - JR.KG

6.2.2023

Exploring nature is always a great way for young children to learn about the world around them. It is great to hear that the kindergarten students enjoyed their field trip to Guindy National Park and had the opportunity to observe various birds, reptiles, and animals in their natural habitat. It is also encouraging to know that the students were able to apply what they learned in class to identify the different creatures they saw. This hands-on experience is sure to have a lasting impact on their understanding and appreciation of nature.





FIELD TRIP - SR.KG

6.2.2023

The little growing children of were taken to the Birla Planetarium for an experiential learning which helped them get insights on how mesmerizing our space looked. They were thrilled to see the virtual tour of the night sky and holding cosmic shows, on an especially perforate hemispherical aluminum inner dome.

The field trip to “Birla Planetarium” was indeed a flight through the universe. They were excited to have a 3D view of the things that they had just imagined to be huge luminous objects somewhere out there in the vast space in the universe. It was fun knowing of one’s weight on the moon and other planets. There were a few other exhibits at the Planetarium which enlightened the learners such as the first invented transports, scientist, and experiments.

The children then watched the movie on Mars. As the lights dimmed and the journey through the stars began, the excitement among the students was overwhelming. The skies came alive on the massive dome theatre. The show was extremely good and provided a good visual experience as well as factual knowledge of astronomy. On a whole, the visit was a visual treat for our kids which will definitely help them in retaining the concepts taught about our Solar System.



FIELD TRIP - SR.KG

28.2.2023

On 28 of February 2023, Class 10 students of San Academy, Pallikaranai went on a visit to NIOT, National Institute of Ocean Technology, located in Chennai, India. The objective of the visit was to gain an understanding of the institute's work towards resource sustainability and water availability in India, and to learn about the latest developments in ocean technology.

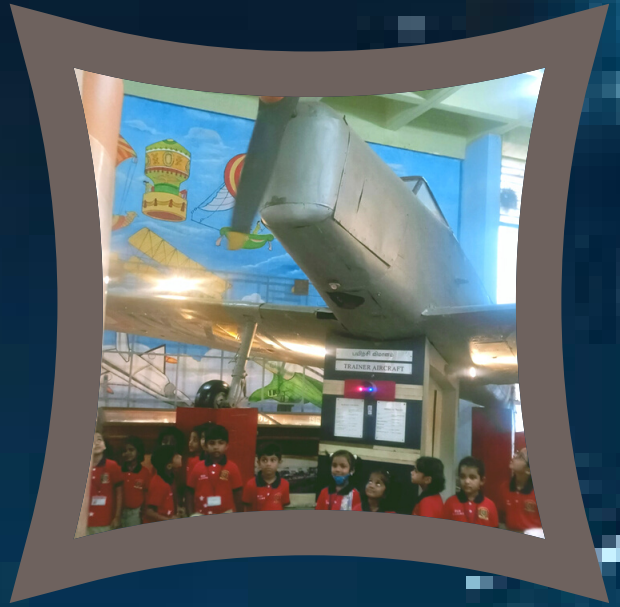
The visit started with a talk by the head of the department, who gave an overview of NIOT's research and development activities. The students were briefed on the institute's focus areas, including coastal and offshore engineering, marine biotechnology, ocean observations, and ocean renewable energy. The head of the department also highlighted the importance of ocean technology in India's growth and development, and how NIOT is contributing towards it.

After the talk, the students watched a short film that showcased NIOT's work towards resource sustainability and water availability in all of India. The film highlighted the institute's efforts in developing desalination technologies, coastal erosion management, and marine pollution control. It also showcased the use of ocean observations and modelling for weather forecasting, disaster management, and marine ecosystem conservation.

The visit also included a tour of the facility, where the students learned about the latest developments in ocean technology. They visited various labs and saw the equipment used for oceanographic research, coastal engineering, marine biotechnology, and renewable energy. The students were shown how the data collected from the ocean is used for forecasting, modelling, and monitoring the marine environment. They also learned about the different types of ocean sensors, buoys, and underwater vehicles used for ocean observations.

In conclusion, the visit to NIOT was a great learning experience for the Class 10 students. They gained an insight into the institute's work towards resource sustainability and water availability in India, and how ocean technology is being used to achieve it. The tour of the facility provided them with an opportunity to see the latest developments in ocean technology and how it is contributing towards India's growth and development. The visit was informative, inspiring, and memorable.



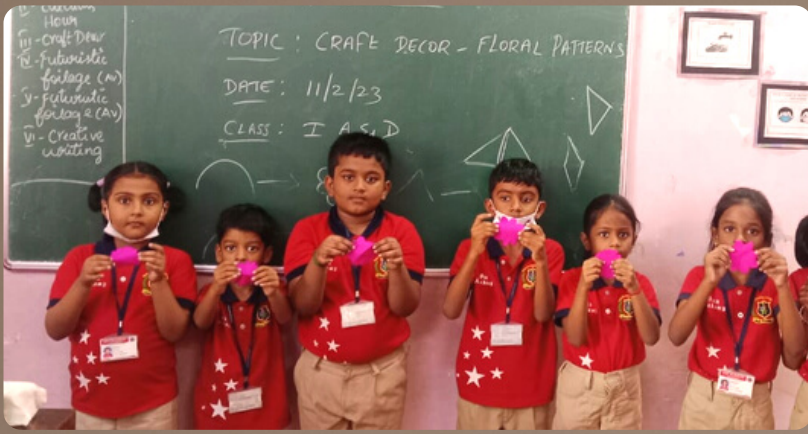


NO BAG DAY

11.2.2023

It's great to hear that the students of class I and II had a fun and informative day on the No Bag Day theme Nature & Plants. It's wonderful that they were able to learn about the significance of nature and plants, and how to nurture them. The creative writing session must have been a great way for them to enhance their writing skills and express their thoughts and ideas. The nature walk and the explanation by the gardener would have given them a practical understanding of plant care and the uses of different plants. The AV session on the plant life cycle would have added to their knowledge and understanding of plants. It's great that they were also able to engage in a floral decor activity with craft papers, and the Calculus session would have given them an opportunity to develop their critical and analytical thinking skills. Overall, it sounds like a very engaging and informative day for the students.





POCSO MEETING

13.2.2023

**Chief Guest: Ms. Chithra, Inspector of Police,
AWPS, Pallikaranai District**

No. Of Participants: 75

Highlights:

It's great to see that the school took the initiative to conduct a POCSO orientation program and invited a police inspector as the chief guest to educate the audience on the importance of the POCSO committee in the school and the procedures to deal with students who were affected. It is also commendable that the inspector provided real-life examples to make the audience aware of the surroundings and to encourage the students to observe and be careful. The topics covered in the session were very informative, including child safety while playing outside, the role of parents in avoiding children to get deviated, the importance of avoiding single parent culture, and helpline numbers. The Q&A session was also helpful in clarifying the doubts and concerns of the Principal and teachers. Overall, the program was an excellent initiative to ensure the safety and well-being of the students and staff.



CULMINATING ACTIVITY

14.2.2023 & 15.2.2023

It sounds like the culminating activity for the Term 2 EVS was a success! The students in Grade I and II had a chance to showcase what they learned through a variety of activities, such as experiments, demonstrations, mime performances, dialogue exchanges, and roleplay. It's great to hear that the parents enjoyed the event and even participated in a quiz. This activity not only helped the students gain knowledge but also build their confidence and overcome stage fright. It's wonderful to see these young learners growing into potential leaders of tomorrow.

That sounds like a fun and educational event for the kids! It's great to see that the teachers are teaching children about healthy eating habits and the benefits of consuming fruits and vegetables. I'm sure the activity helped the children to learn more about the different types of fruits and vegetables and their importance in maintaining a healthy diet. The Food Pyramid activity would have also helped the kids to understand the different food groups and their respective importance.





KG - SPECIAL EVENTS

RAINBOW FOOD DAY - 13.2.2023

With an objective to create and educate children about the importance and consumption of fruits and vegetables in regular diet, the kudos of nursery celebrated Rainbow Food Day.

Teachers had made interesting and simple stories on encouraging children to have vegetables and fruits in their meals. The teachers also explained the importance of fruits' and vegetables' intake in diet for mental and physical growth. The tiny tots also learned more about the taste, smell, colour and texture of each fruit and vegetable. Children clearly understood the importance of washing the fruits and vegetables before eating or cooking and about the benefits of eating fresh fruits and vegetables. By using rainbow as a guide, children were explained the importance of eating various coloured fruits and veggies.

Blue and purple food provide us with better memory, Red and pink foods are full of vitamin A and C, Green food helps the brain to be active, yellow and orange food boost the immune system.

The nursery kids did an activity related to Food Pyramid.



COCOON DAY

14.2.2023

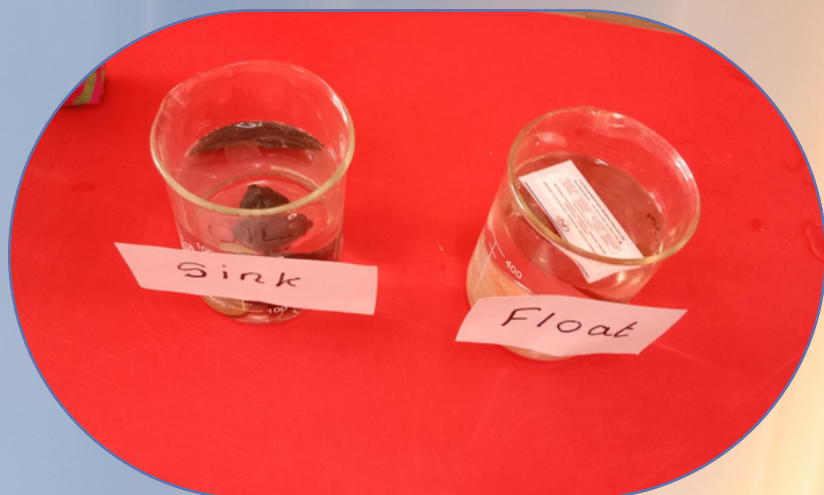
Butterflies are among the most beautiful and colorful creatures found in nature. Their bright wings captivate and fascinate both kids and adults. The butterfly life cycle is just as fascinating as their wings. It is one of the earliest science lessons taught to young children. During a special event, Jr. Kg. kids learned about the butterfly life cycle and the different stages that a butterfly goes through to become so colorful. Later, teachers explained the life cycle of other species that evolve in nature. These lessons helped children to understand, care for, and respect the world around them.



EXPLORER'S DAY

14.2.2023

On Explorer's Day, the curious kids of Sr. Kg. became junior scientists through fun and simple science experiments. Science is all around us, from our bodies to nature, and through cooking and gardening. By piquing the children's curiosity, the teachers were able to turn on their observation, critical thinking, and experimenting skills. The experiments included exploring the concepts of sink and float, creating a magnetic field, understanding fire's need for oxygen, and capillary action. These activities were an awesome introduction to higher learning concepts and sparked the kids' curiosity, showing that science doesn't need to be difficult or complicated for our younger learners!

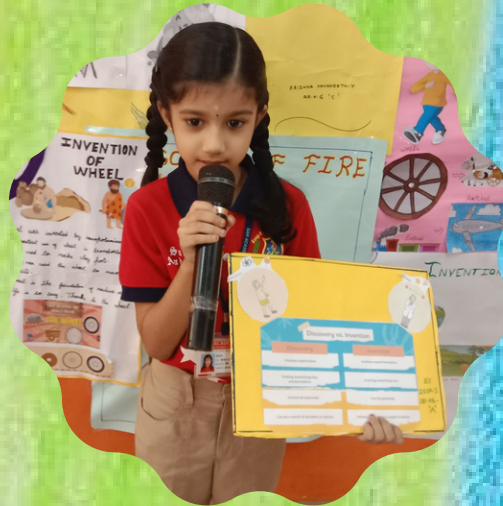
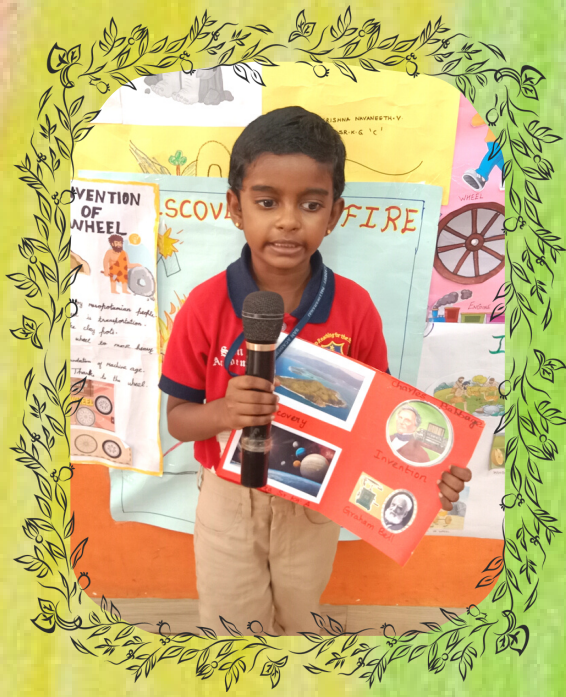


SHOW & TELL

24.2.2023

The students from Nursery to Senior Kindergarten brought their favorite objects and excitedly shared them with the audience, which enabled them to communicate their thoughts, feelings, and emotions. This activity was conducted to foster public speaking skills in the young students and to make them feel confident and self-reliant. It was an interesting and thrilling experience for the children, and they prepared beautiful props according to their topic. They discussed various topics such as the discovery of fire, modern inventions, and the difference between discovery and invention, which added to the beauty of the scenario. Overall, the Show and Tell activity helped the children develop their communication skills and boost their confidence.



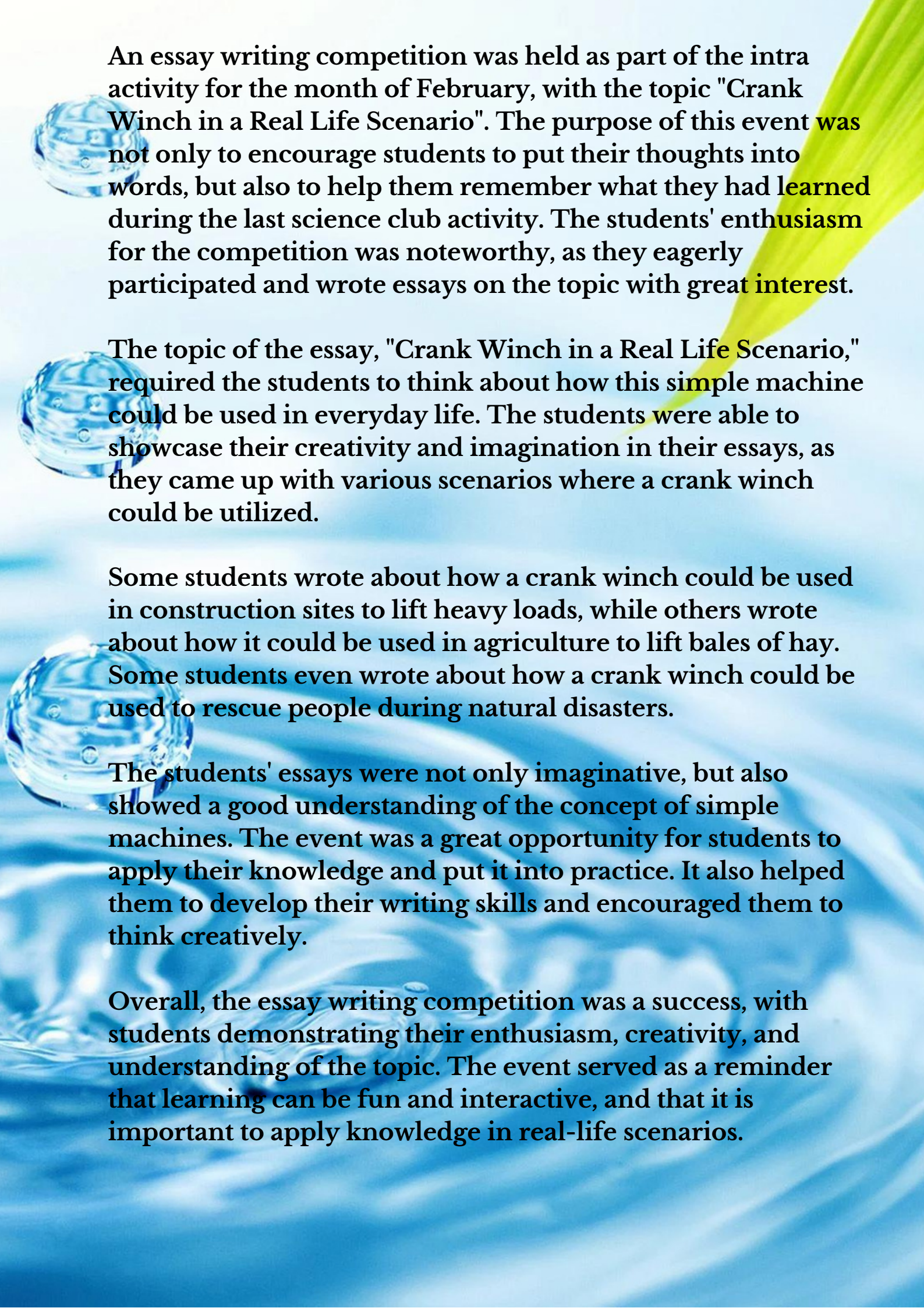


INTRA COMPETITION

16.2.2023

On 16.02.2023, an intra-school competition was held, with students from Class 1 and Class 2 taking part in an elocution competition. The students showcased impressive vocabulary and clear pronunciation, and participated in the event with great enthusiasm. They also displayed their presentation skills, leaving the audience impressed. This session motivated the students to participate in similar activities in the future.





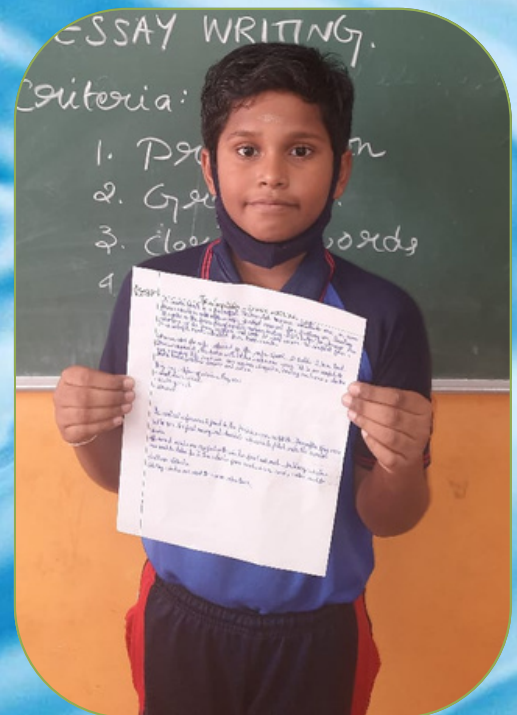
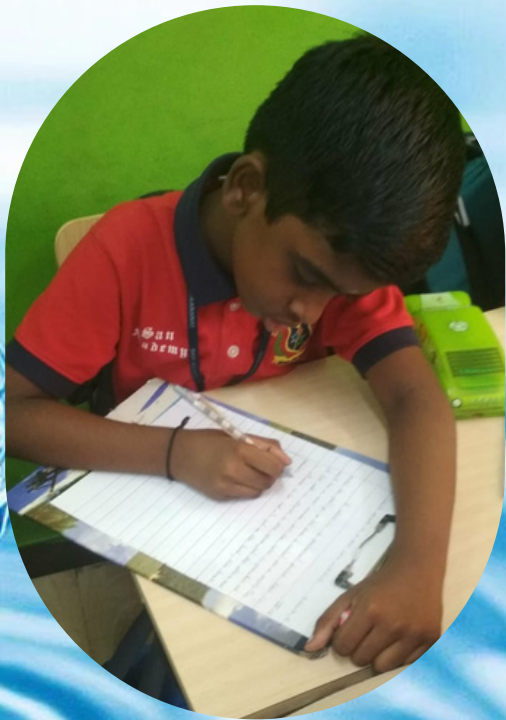
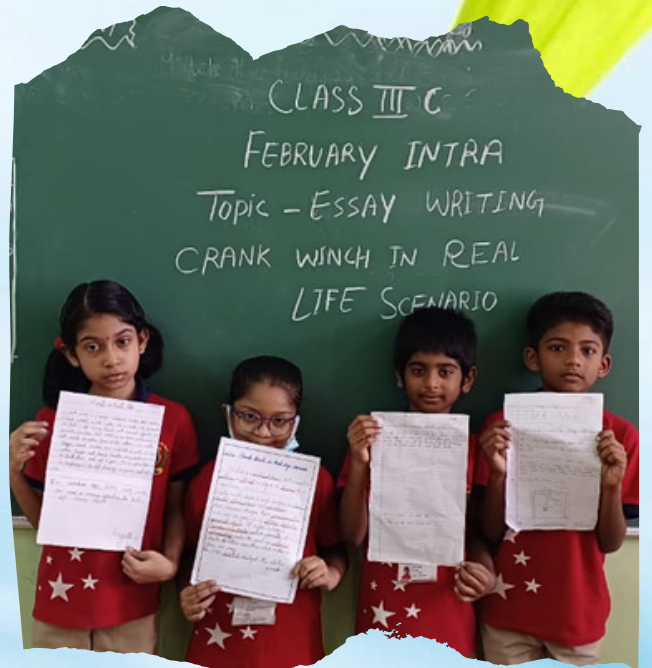
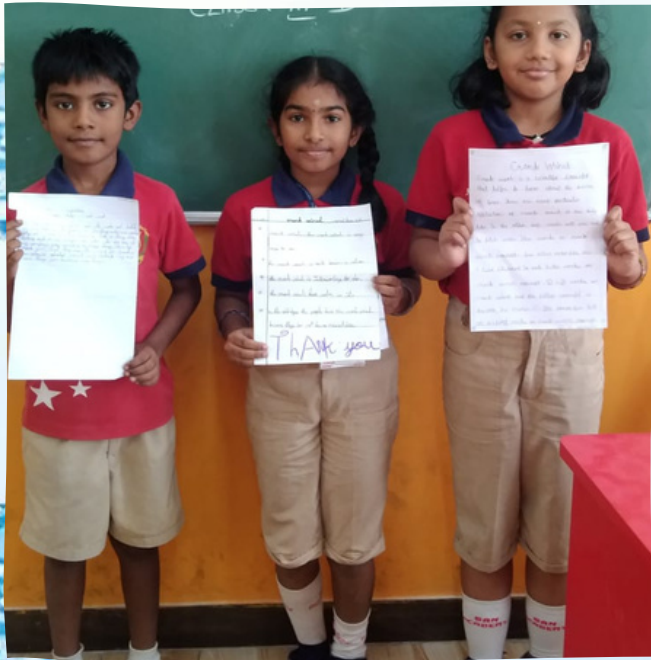
An essay writing competition was held as part of the intra activity for the month of February, with the topic "Crank Winch in a Real Life Scenario". The purpose of this event was not only to encourage students to put their thoughts into words, but also to help them remember what they had learned during the last science club activity. The students' enthusiasm for the competition was noteworthy, as they eagerly participated and wrote essays on the topic with great interest.

The topic of the essay, "Crank Winch in a Real Life Scenario," required the students to think about how this simple machine could be used in everyday life. The students were able to showcase their creativity and imagination in their essays, as they came up with various scenarios where a crank winch could be utilized.

Some students wrote about how a crank winch could be used in construction sites to lift heavy loads, while others wrote about how it could be used in agriculture to lift bales of hay. Some students even wrote about how a crank winch could be used to rescue people during natural disasters.

The students' essays were not only imaginative, but also showed a good understanding of the concept of simple machines. The event was a great opportunity for students to apply their knowledge and put it into practice. It also helped them to develop their writing skills and encouraged them to think creatively.

Overall, the essay writing competition was a success, with students demonstrating their enthusiasm, creativity, and understanding of the topic. The event served as a reminder that learning can be fun and interactive, and that it is important to apply knowledge in real-life scenarios.



students from Grade VI-VIII actively participated in the intra competition for the month of February conducted on 22.02.23 as a part of Science and Technology Club Activity. The topic given, Neutralisation in every day life, was indeed an interesting and relevant one. It's good to know that students were able to come up with different innovative ideas and performed a skit based on the topic.

The skit must have been an engaging way to learn about the causes of acidity and its remedies in real life situations. It's important for students to understand the practical applications of science concepts and how they relate to everyday life. Overall, it sounds like a successful event that provided students with an opportunity to showcase their creativity and knowledge.



“Power to the voice is Power to the People”

San Academy Pallikarnai conducted a Debate competition on the topic “Genetic screening of Embryos created using in-vitro fertilization should be used in order for families to implant only those desired characteristics.” on 22 February, 2023 for the students of Class X.

The aim of organizing debate competition was to hone the public speaking skills of the students and teach them to be articulate while expressing their thoughts and opinions. The session was the kaleidoscope of opinions, thoughts and perspective that enhanced the knowledge and understanding about the topic. The purpose was to explore the advantages and disadvantages of genetic screening of embryos created through in-vitro fertilization (IVF) and to discuss whether it should be used to select for desired characteristics.

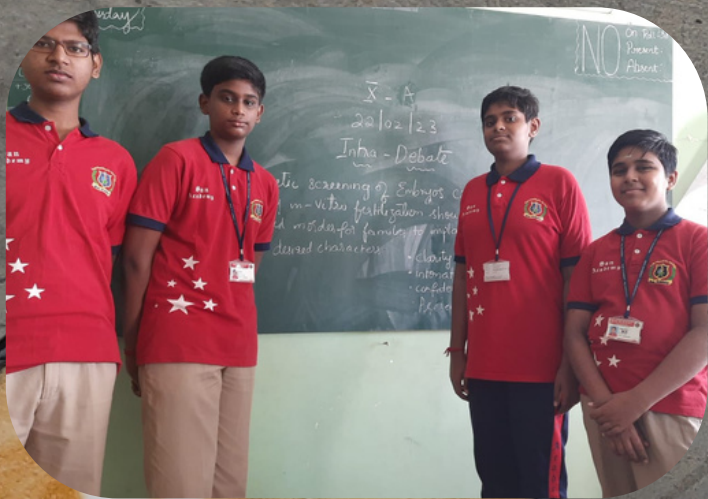
Arguments in favor of genetic screening:

The team supporting genetic screening argued that it is an effective way for families to select for desirable traits in their offspring. They pointed out that genetic screening can identify embryos with certain genetic disorders or mutations that can lead to serious health problems. By selecting embryos without these mutations, parents can ensure that their children have a better chance of living a healthy life.

Additionally, genetic screening can be used to identify embryos with desirable traits such as high intelligence or athletic ability, which can give children an advantage in life.

Arguments against genetic screening:

The team against genetic screening argued that it is ethically problematic to select for specific traits in children. They pointed out that selecting for certain traits can lead to a society in which certain traits are considered more desirable than others, leading to discrimination against those who do not possess these traits. Additionally, genetic screening can be expensive and not accessible to everyone, which can create a further divide between those who can afford it and those who cannot.



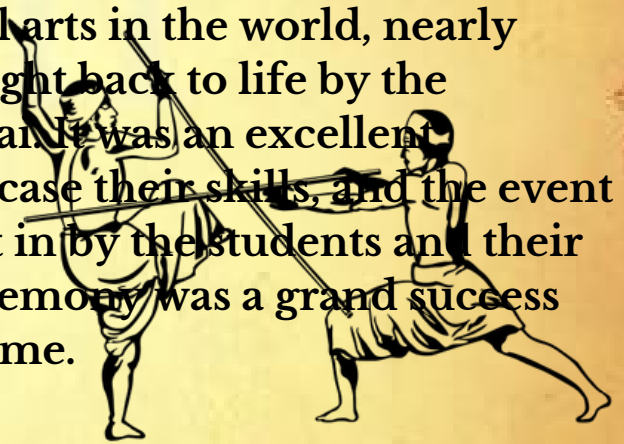
SILAMBAM GRADING CEREMONY

18.2.2023

The Silambam Grading Ceremony held on 18.2.2023 was a grand success. Silambam, an ancient weapon-based martial art, was performed by 501 students ranging from class I to XI. The display was mesmerizing, and the students exhibited dexterity, agility, and coordination while performing the art form. The skill required high levels of concentration and precision, which was evident in their performance.

The ceremony began with the students honouring their master, Mr Santosh, with Guru Vanakkam. They displayed different techniques such as kaladi (footwork), blocking, enduring, and evasive moves such as jumping, kneeling, and sitting. The onlookers appreciated the students with a thunderous applause for their unison in performance.

Silambam is one of the oldest martial arts in the world, nearly over 5,000 years old, and it was brought back to life by the students of San Academy, Pallikaranai. It was an excellent opportunity for the students to showcase their skills, and the event was a testimony to the hard work put in by the students and their trainers. The Silambam Grading Ceremony was a grand success and will be remembered for a long time.





KARATE GRADING CEREMONY

25.2.2023

The grading ceremony was held over two days and witnessed the participation of over 1500 students. The event commenced with the lighting of the lamp by the chief guest, followed by the recitation of the Karate oath by the students. The chief guest, a renowned Karate master, praised the students' dedication and hard work in mastering the art.

The ceremony was a testament to the students' discipline and commitment to Karate. The students showcased their skills and techniques through various demonstrations, including the kata and kumite. The black belt holders displayed their advanced techniques, leaving the audience spellbound.

The grading ceremony is an important event for the students, as it marks their progress in the art and motivates them to continue their journey. The event ended with the distribution of certificates and belts to the students, which filled them with pride and a sense of achievement. The Karate grading ceremony was a resounding success and a tribute to the school's dedication towards the holistic development of its students.





NO BAG DAY - CARPENTRY

27.2.2023

the children had a productive carpentry workshop and learned how to make a T joint! It's important for students to have hands-on experiences like this to learn practical skills that they can use in the future. It's also great to have a "No Bag Day" where students can focus on practical learning without worrying about carrying heavy bags. It sounds like the resource person did a great job in teaching the children how to use the necessary tools and measurements for the project. Keep up the good work!



HORTICULTURE

San Academy, Pallikaranai conducted No Bag Day Activity on Horticulture and the topic suggested was Floriculture. Floriculture, branch of ornamental horticulture concerned with growing and marketing flowers and ornamental plants as well as with flower arrangement. The gardener, Mr. Shankar was the event host and he explained about how to cultivate flowering and decorative plants. Easy techniques for better outcomes were revealed to the students. Students had a joyful and informative session. He added up the facts that watering too much will also spoil the plant, fenugreek should be planted in powdered sand rather than in sand with stones and rocks which will obstruct it's growth. Students enjoyed the session and vouched to plant many plants and grow them with care, love and affection.



FOOD PROCESSING

It's always important to learn about proper measurements and the right tools to use in cooking. Learning about the origins and varieties of different beverages like coffee and tea can also be quite fascinating. It's great to see parents getting involved in sharing their knowledge and expertise with students. I hope the students were able to gain valuable insights from the session and apply them in their own cooking and food preparation.



FOOD PROCESSING AND IMPORTANCE

Transformation of raw ingredients into food or other forms of food

IMPORTANCE :

- ❖ Extend the shelf life.
- ❖ To eliminate the micro organisms.
- ❖ Safety and preservative.



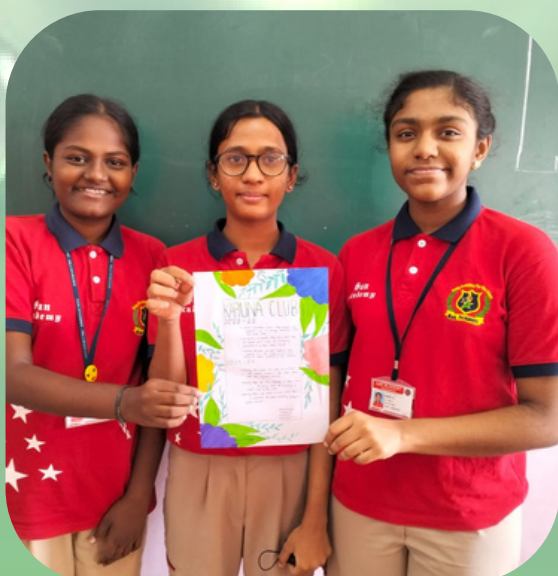
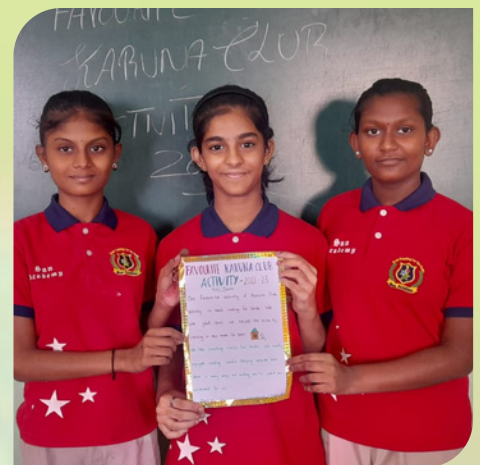
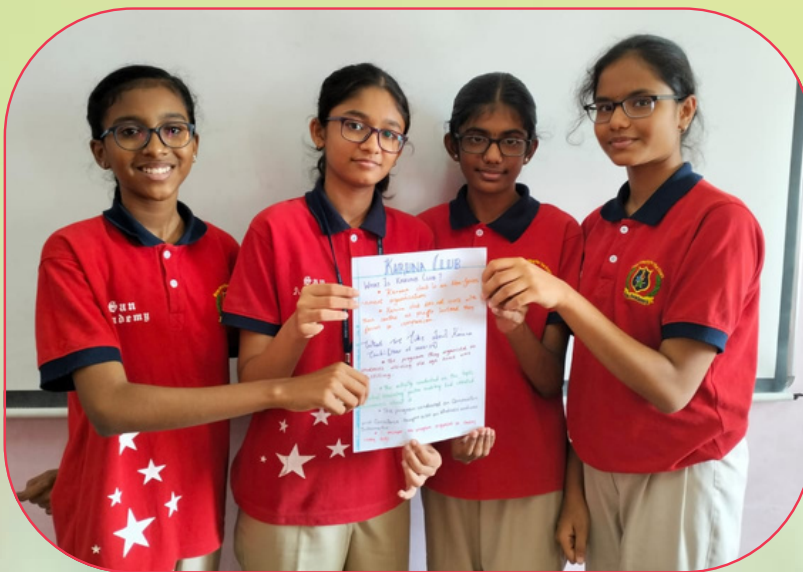
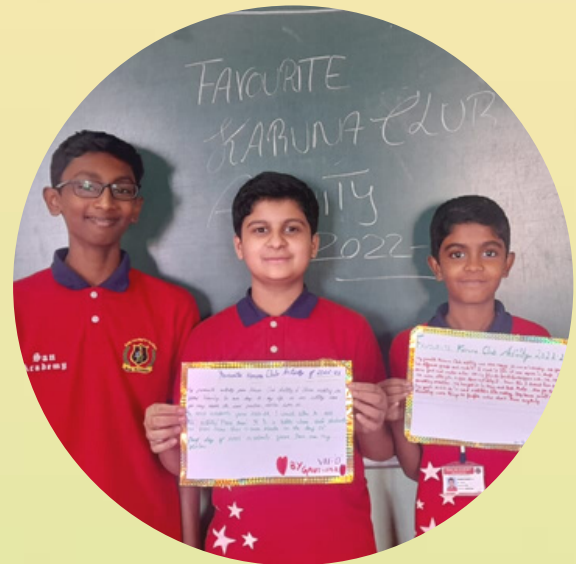
ELECTRICAL TECHNOLOGY

Today's electrical technology session was presided by Mr.Subramaniam, Asst professor of physics, SRM institute of science and technology. It was an informative session on electrical technology. It's great to see students actively participating in a quiz and being rewarded for their knowledge. It's also important to educate students on safety measures when dealing with electricity. Overall, it sounds like a valuable learning experience for the students.



KARUNA CLUB

A Karuna Club activity was conducted on February 25th, 2023 for students in classes 7 and 8. This was the final session for the academic year 2022-2023. Students were asked to write creatively about the Karuna Club activity they enjoyed the most, and to provide suggestions on how to proceed with the activities for the next academic year.



AWARDS, ACHIEVEMENTS & ACCOLADES

Students of San academy, Pallikaranai

- Krubashini. S - VIII D
- Divyasree lingamgunta - VIII C
- Santana Fernando. S - VIII B
- Vedha. Y - VIII A

Participated in IGNIS SCIENTIA STAGE 2 symposium
"Grey water management system" and they won 3rd award
with the cash prize of Rs.15000

Mentor: Umamaheswari.S

Students of San academy, Pallikaranai

- Mrityunjai M.R - VIII C
- Ritvik madhav - VIII A
- Samritha - VIII A
- Sathvika - VIII B

Participated in IGNIS SCIENTIA STAGE 2 symposium
"Health care and insurance" and they won 3rd award with
the cash prize of Rs.15000

Mentor: Janani





Siddharth Hariprasath of Class V participated and won in an Quiz competition organized by SRI RAMANUJAM MATHEMATICS CHALLENGE



R Pranav won Rs 2000/- cash prize in the prestigious Tesselate FIDE rapid Chess event conducted by Chennai Mathematical Institute. He scored 6/8 points and finished second in the 1201-1500 rating category.





Kawshik Y S received a certificate for his active participation in Divine Beats an inter-school competition

Evan Jenkins stephen joyce of Class 3D participated and won Rank 13 in 250m swimming competition conducted by GOA SWIMAT 2023



Sudhiksha of Grade 4B successfully completed her one year course in Bharatnatyam in Grade B conducted by International institute of Tamil studies



SCIENCE CLUB ACTIVITY AT SAN ACADEMY

“Innovative science and technology club”. San Academy, Pallikaranai conducted a science and technology club activity for grade 3 to 5 conducted on 7th of February 2023, on the topic crank winch, added fuel to the fire, for our ever-inquisitive Sanites.

Through the working model of crank winch, students learnt to build a prototype of a crank winch, which was used as a mechanical device for hauling or lifting.

The students' work was quite impressive, and they learnt the principles with which crank winch and torque worked. Hands on activity proved to be an effective tool to learn in a practical way. Overall, our Sanites gained rich experience of doing & learning.



SAN academy, Pallikaranai conducted s Innovative science club activity Crank winch, which is appreciated by THE TIMES OF INDIA



NAETHRAA of V A and S Keerthana of Class V B is awarded for Participating in the Mahashivaratri natyanjali at Thirukameshwarar temple, at pondichery

Saicharan of class 2D won the 2nd place in the chess competition held at Valuvar Gurukulam held at Tambaram. It's a one day event held today 26th Feb 2023. He has won 5.5 / 6 matches



ACCOLADES:



Silambam Grading Ceremony at San Academy

Silambam is an ancient weapon based martial art. The weapon here is a staff, which was used as a self-defence to protect oneself from the perils at large.

A waning art is given life by the huge participation by our Sanites in learning silambam. They performed the art form with dexterity, agility and coordination.

The skill requires high levels of concentration and precision. Nearly 501 students participated ranging from class I to XI recently for "The Silambam Grading Ceremony 2022-23".

The display started with students honouring their master,

Santhosh with Guru Vanakkam, followed by different techniques such as kaladi (footwork), blocking, enduring etc., It also comprised of evasive moves such as jumping, kneeling, sitting etc., The students were appreciated by the onlookers with a thunderous applause for their unison in performance.

The oldest martial art in the world, nearly over 5,000 years old filled the air with fervour by students of San Academy, Pallikaranai.

SILAMBAM GRADING CEREMONY

Silambam is a traditional Indian martial art that originated from Tamil Nadu, and is one of the oldest martial arts in the world. Over 500 students of San Academy, Pallikaranai, from classes 1 to 11, were a part of The Silambam Grading Ceremony 2022-23. The display began with students honouring their master, Mr. Santhosh with a Guru Vanakkam, followed by different techniques such as kaladi (footwork), blocking, enduring etc. They also performed evasive moves like jumping, kneeling, sitting etc. The students were appreciated by the viewers with a thunderous applause for their unison in performance.



HARSHITA IN NOVA BOOK OF WORLD RECORDS

P.R. Harshita, aged 9, grade 5 student of San Academy, Pallikaranai. She was very much interested in Yoga and started practising Yoga at the young age of 7, under the guidance of Master E. Dhilipan, a certified International Yoga trainer and the founder of Anahata Yoga Academy. Her parents, Prem Anand an Advocate, Rajeswari, a Physiotherapist and brother Prajit in standard 9 are the pillars behind Harshita's success. What just started as a hobby turned into a serious passion!

Her accolades are as follows

*Championship trophy in South Indian level Yoga

* Honoured as 'Yoga Maharani' by Tamil Nadu Yoga Committee

*Major Dhyana Chand Universal Sports Icon-2022 premium award

* She has performed many group World Records and won the best performer award, too.

The Nova World Record identified the raw talent and brought it out to the world to witness.

She began working on Eka Pada Rajakapotasana in January 2023, in preparation for the Nova World Record event and recently she made

her first attempt and succeeded in setting the World Record for the longest duration a person could hold a pose - Ekapada Rajakapotasana for 17min at 4 feet height from the ground, in the ring, blindfolded to create awareness about eye donations.

This feat is recorded in the Nova Book of World Records for 2023.

P.R. Harshita is an all-rounder with talent spread across karate, singing, skating, singing, dancing, and sloka chanting.

She is an inspiration to all our achievers at San Academy, Pallikaranai.



NOVA BOOK OF WORLD RECORDS

P.R. Harshita, a 9-year-old grade 5 student of San Academy, Pallikaranai, has shown remarkable interest and dedication in Yoga since the age of 7. Under the guidance of Master E. Dhilipan, a certified International Yoga trainer and founder of Anahata Yoga Academy, Harshita has honed her skills to an impressive level.

With the support of her parents, Mr. Prem Anand, an Advocate, Mrs. Rajeswari, a Physiotherapist, and her brother Prajit in standard 9, Harshita has achieved several accolades in Yoga. She has won the championship trophy in South Indian level Yoga, been honoured as 'Yoga Maharani' by Tamil Nadu Yoga Committee, and received the Major Dhyan Chand Universal Sports Icon-2022 premium award. She has also participated in many group World Records, winning the best performer award.

Her talent was further recognized when the Nova World Record identified her and brought her raw talent to the world. Harshita started preparing for the Nova World Record event by working on Eka Pada Rajakapotasana in January 2023. On February 11, 2023, she made her first attempt and succeeded in setting the World Record for the longest duration a person could hold a pose - Ekapada Rajakapotasana for 17 minutes at 4 feet height from the ground, in the ring, blindfolded to create awareness about eye donations. This feat is now recorded in the Nova Book Of World Records for 2023.

Harshita is not just a talented yogi, but also an all-rounder with skills in karate, singing, skating, dancing, and sloka chanting. She is an inspiration to all our achievers at San Academy, Pallikaranai.



பள்ளிக்கரணை சன் அகடாமி பள்ளியில் பழக்கும் 5-ம் வகுப்பு மாணவி புதிய உலக சாதனை

தூம்பரம், பி.0.11: பள்ளிக்கரணை சன் அகடாமி பள்ளியில் பழக்கும் 5-ம் வகுப்பு மாணவி கண்ணைக் கட்டிக்கொண்டு 5 அடி தொலைவும் வரையற்றில் 17 நிமிடம் மோகா செய்து புதிய உலகசாதனை படைத்துள்ளாள்.

சென்னை பள்ளிக்கரணை சன் அகடாமி பள்ளியில் 5-ம் வகுப்பு படித்து வரும் மாணவி கண்ணைக் கட்டிக்கொண்டு 5 அடி தொலைவும் வரையற்றில் 17 நிமிடம் மோகா செய்து புதிய உலகசாதனை படைத்துள்ளாள்.

இந்த சாதனையை உலக சாதனையாக நோவா புக் ரெகார்ட்டில் பதிவு செய்து, நோவா புக் மாஸ்டர் திப் பன் என்பவரிடம் மோகா கற்று வந்திருக்கிறார்.

இந்த நிலையில் மோகாவில் சாதனை படைக்க விரும்பிய மாணிக்க நொகாக்கில் பி

இரண்டாவது பள்ளி மூலம் பி.ஹா மதா குரியாராணன் சாதனை படை ஊர்லிதாவிற்கு பதக்கம் மற்றும் சாதனைகளை வழங்கி மாணவியை பாராட்டினார். உலக சாதனை படைக்கும் திகழ்ச்சி பள்ளிக்கரணை சன் அகடாமி பள்ளி சார்பில் சிறப்பாக அமைந்த சிறப்பி ஹாஸ்பிடல் மோகா மாண்புமிகு சாதனை யாளர்களை உருவாக்கி வருவது என்பது குறிப்பிடத்தக்கது.

A close-up photograph of a handwritten note on a piece of cream-colored paper. The note is placed on a dark wooden surface. In the background, several vibrant red roses are visible, some in full bloom and others as buds. The lighting is soft, highlighting the texture of the paper and the petals of the roses. The text on the note is written in a bold, black, cursive script.

Thank
you